

HEALTH IMPROVEMENT PARTNERSHIP BOARD

OUTCOMES of the meeting held on 23rd February 2023 at 16:00

Present:	Cllr Louise Upton, Oxford City Council (Chair)
Board members	David Munday, Consultant in Public Health, Oxfordshire County Council (Lead Officer) Dr David Chapman, Ex- Clinical Chair, Oxfordshire Clinical Commissioning Group Daniella Granito, District Partnership Liaison, Oxford City Council Cllr Joy Aitman, West Oxon District Council Cllr Mark Lygo, Oxfordshire County Council Robert Majilton, Healthwatch Oxfordshire Ambassador Cllr Phil Chapman, Cherwell District Council Cllr Helen Pighills, Vale of White Horse District Council Daniel Leveson, Place Director for Oxfordshire, NHS Integrated Care Board
In attendance	Kate Austin, Health Improvement Principal, Public Health, Oxfordshire County Council Edward Frape, Community Development Officer – Healthy Place Shaping, Community Services Wellbeing, Cherwell District Council Lynn Zheng, Public Health Registrar OCC Derys Pragnell, Public Health Consultant, Oxfordshire County Council Helen Mariner, Active Oxfordshire Mish Tullar City Council – District Liaison
Officer:	Taybe Clarke-Earnscliffe, minute taker, Oxfordshire County Council
Absent:	Ansaf Azhar, Director of Public Health, Oxfordshire County Council

ITEM
1. Welcome

Taybe Clarke-Earncliffe – Business Support (Admin)
Mish Tullar City Council – District Liaison

Welcome everyone

2. Apologies for Absence and Temporary Appointments

Ansaf Azhar, Director of Public Health, Oxfordshire County Council

3. Declarations of Interest

There were no declarations of interest.

4. Petitions and Public Address

There were no petitions and public address.

5. Notice of Any Other Business

14:03 to 14:05

No other business

6. Note of Decisions of Last Meeting

14:05 to 14:10

- Healthwatch – breakdown on profiles and people engaging with them, which will be picked up in the report later in the meeting.
- Leisure centres/play activities/sports were picked up in the relevant feedback and write up within the ICS strategy.

7. Health Protection Update – Discussion Update

14:10 to 14:20

Presented by David Munday, Director of Public Health, Oxfordshire County Council

3 main points to discuss

- **Covid** – Covid levels increased locally and nationally, the peak was at the end of December 2022, this caused a peak in case rates and hospitalisations. Since the beginning of the year Covid rates have decreased which is positive. Surveillance and monitoring continue, there has been no changes in Covid variants in the time period of monitoring. The good news is the vaccination programme, in Oxfordshire over 3 quarters of the population over 50 have had an autumn booster. The seasonal booster is important for controlling Covid and the severity of the infection which decreases the chances of hospitalisation and mortality rate. The JCVI (Joint Committee on Vaccination and Immunisation) have released their initial advice for the 2023 vaccination programme. Currently do not have all the details as yet but expect in the spring of 2023 there will be an offer for Covid booster for

people most vulnerable/ very high risk/older age/immune suppression. Autumn 2023 will be another Covid booster offered to those who are 50+ or have long term health conditions.

- **Flu** – Challenging winter with Flu circulating at the same time as the peak of Covid infections. First time we have had a meaningful flu season since 2019, this was expected due to more mixing and less non pharmaceutical interventions which would stop transition of viruses. Flu rate higher in South East since early January, Flu A which affects adults has been declining but not gone away and we are not through the flu season yet. Low levels of Flu B which infect children. Flu vaccination programme has run again this winter, data is really positive to the 31st December and provisionally uptake is higher than the year before in many groups
- **Step A (streptococcus) Scarlett Fever** – Strep A is common bacterial infection and it can cause different diseases, the most common is Scarlett fever. Scarlett fever is a notifiable disease, the local health protection system will get reports on cases of Scarlett fever. Scarlett fever is treated very successfully with a course of antibiotics. Autumn 2022 and around Christmas there was higher than normal rate of cases. Strep A in some instances is associated with an invasive infection which can cause severe illness and, in some instances, can lead to death. Cases locally and in the Southeast have been in align with cases nationally. Significant drop in cases of Strep A and invasive infection has been seen in last 1-2 months. Scarlett fever is normally more present in Springtime, but virus infection rates have changed over the last few years and this could be due to the pandemic and how people have been mixing and behaved.

Question – Are the Flu vaccination uptake rates is that in line with national trends and do you think that Covid has influenced the impact on the vaccination uptake?

Answer – Overall we do better than national average, data is incomplete at the moment but we are usually better than national average. At one point there was some concern of Vaccine fatigue, people do not want to hear the message of having a vaccination. Looking at what drives vaccine uptake one key feature is perception of your susceptibility or the serious of the disease to the vaccine being offered. Covid have shifted the dial on residents' understanding of this and overall the net result has been positive.

Comment – Health service colleagues to offer Flu and Covid Vaccines together next year would be welcome.

8. Performance Report – (pages 1 - 4)

14:20 to 14:30

Presented by David Munday, Director of Public Health, Oxfordshire County Council

Presenter shared the performance report with the board and highlighted key areas –

New data

Monitored quarterly – reduce the level in smoking in pregnancy, data has improved fractionally. Target not to be higher than 6% and currently at 5.7%

The Local Stop Smoking Service has supported pregnant women in to quit and a new maternity Tobacco Dependency Service funded by ICB/NHSE is launching in early 2023 to support pregnant women to quit.

Amber in performance against target for the Measles, Mumps and Rubella immunisations in quarter 1 and 2 with a slight dip in Quarter 2. Goal is to achieve green in performance. The NHSE Improving Immunisation Uptake (IIU) initiative continues to provide support to GP practices; ensuring improved uptake and reducing variation in uptake between practices.

Live Well – Hitting target for smoking in the number of quitters, The Oxfordshire LSSS continues to engage local residents to quit smoking, targeting priority groups through workplace events and pop-up events, as well as having a single point of access referral route. Work across the system as part of the Tobacco Control Alliance continues to support the County to become Smoke Free through initiatives such as SF side-lines, parks, school gates and signposts smokers to the LSSS.

NHS health check – Eligible population aged 40-74 years invited for an NHS Health Check (2018/19 - 2022/23) (quarterly) – GP Practices are actively inviting in eligible patients and a countywide marketing campaign is currently underway alerting the public to the NHS Health Check programme and urging them to attend their appointments when invited in. The newly commissioned supplementary NHS Health Check Services began the service Implementation Phase between October - December 2022 and service delivery through outreach clinics began from 1st February 2023. The Oxfordshire service continues to benchmark higher than regional and national averages.

Question –

Live well indicators for the smoke free data is it less than 5% of the adult population to smoking is that are target?

Answer – Yes that is the target by 2025, currently we are 10.2%. Current quit rates are good which will help reduce prevalence toward 5% but as (small numbers) do start smoking each quarter and some people who quit re-start, it needs on going focus.

Question - Health Check data is there data on uptake with regards to gender?

Answer – There isn't in the routine data supplied, but we have a new provider undertaking opportunistic and targeted health checks at community sites (as opposed to in GP surgeries) and anticipate this break-down being available from them.

Question – Cervical screening what is happening with screening what is happening with this and are there any targeted projects or can we help or support with anything?

Answer – Cervical screening data on the report is old data Q4 2021/2022 – and work is on-going to address this. Two types of interventions to address it. Firstly, work with GP practices on invitations, access, capacity and timings of clinics etc. Secondly, work with communities to engage, promote and break down barriers. Together they have an impact but not quickly,

9. Report from Healthwatch Oxfordshire Ambassador (pages 5 – 8)

14:30 to 14:40

Robert Majilton, Healthwatch Oxfordshire Ambassador

Shared the report with the board and highlighted some key issues within the report –

“Leaving Hospital with medicines” focusing on experience of people leaving hospital (across Oxford University Hospitals OUH) with prescribed medicines, and the support they received during and after discharge.

In total we heard from 113 people – 105 people via a survey and 8 people face to face at the discharge lounge in the John Radcliffe Hospital. 9 people kindly came forward to share their stories in depth, illustrating the journeys people took. Some of these stories are included at the end of the main report and on our website [here](#). A key finding was that few respondents had heard of the Helpline. We also identified other themes around clear and timely communication about medicines and discharge waiting times. More information can be found in the report.

Second Key point –

Hearing from Men in Carterton.

We wanted to hear from working men – who are often seldom heard – about their views on health and care. We decided to focus on Carterton, drawing on ‘rapid appraisal’ methodologies from November 2022 to January 2023, to gain quick insights into local health attitudes and needs. We had **conversations with 31 men** in all. Our interactions with men involved short but meaningful conversations, prompted by the questions ‘*What makes it easy and what’s hard about looking after your health in Carterton?*’ with added opportunity to give insights into using local health services. Our work linked with the Oxfordshire Men’s Health Forum initiative in November 2022 #30Chats in 30 days. More information in the report.

Webinars available –

Healthwatch Oxfordshire Open Forum on 28th February from 4.30-5.30 pm for members of the public to meet our Board of Trustees, hear about our work and ask any questions.

Details here: <https://healthwatchoxfordshire.co.uk/event/healthwatch-oxfordshire-open-forum/>

Open Patient Information webinar on March 31st 1.30 – 3pm for members of the public: <https://healthwatchoxfordshire.co.uk/ppgs/patient-webinars/>

10. Planning for workshop in March

14:40 – 14:50

Workshop 7th March 2023, 10:30 – 12:30pm @ County Hall in person

Strategic plan from all members and districts. To look at best practices and raise anything that you would like to see over the next year. Brainstorming and sharing ideas.

11. Director of Public Health Annual Report

14:55 to 15:15

Presented by David Munday, Director of Public Health, Oxfordshire County Council

Report was shared with the board – this remains a draft form at present – Final version later in March.

Why Excess weight matters

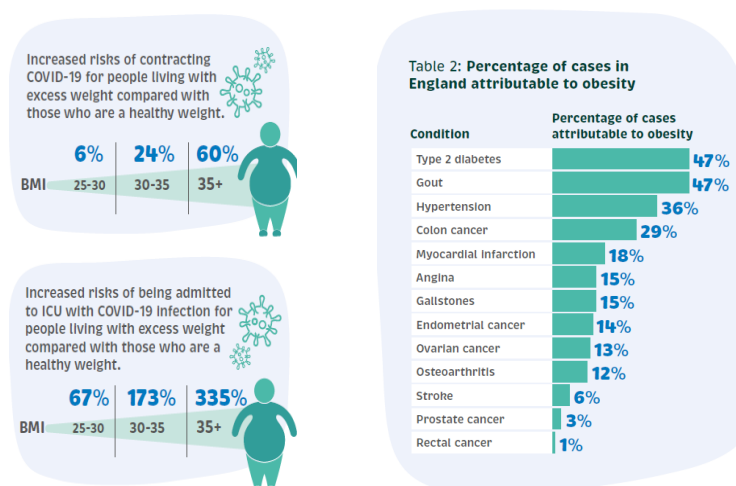
Annual Report focuses on healthy weight, and looking at the detrimental impact on individuals who are overweight or obese. Being overweight or obese increases the risk of developing illnesses.

- Cancer
- Diabetes
- Arthritis

This also reduces the individual's quality of life and has implications on the health and care system.

Obesity in Children strongly predicts adult obesity, more information on page 4 on the report shows how obesity harms children and young people.

Increased risks and conditions – more information on page 5 of report



Being overweight and obese has an impact on costs, hospital admissions and quality of life

- Costs to the NHS
- Social care and reduced productivity costs

- Costs to loss of quality of life
- Social costs
- Total cost for the UK is £62 billion

58% of people in Oxford are classed as overweight.

Children - 8.5% in reception are overweight and 19.5% in year 6 are overweight.

Understand the causes of overweight and obesity

Pages 13,14,15 look at root causes of being overweight or obese and access to healthy food.

Key points

- Poverty
- Employment
- Housing
- Access to parks and safe places to walk
- Access to healthy food

Page 16 looks at the benefit of breastfeeding as this has a positive impact and reduces the risk of obesity by 13 percent later in life. Breastfeeding is also beneficial for the mother and return to pre baby weight faster. 61% of babies in Oxfordshire are partially or fully breastfed at 6-8 weeks.

Schools – making sure schools are providing a critical nutritional safety net as for some children school lunch is their main meal. Nutrition in school is linked to educational attainment.

Page 17 shows fast food outlets, discussion around overweight children and chart showing nearest fast food outlet around the community areas.

The final report will look at Oxfordshire Whole Systems approach.

HIB members welcomed the report and this theme. It was noted that the final version will be launched on 28th March at the Full Council meeting of Oxfordshire County Council

12. Needs assessment on healthy weight and update on whole systems approach to healthy weight

15:15 – 15:35

Presented by Derys Pragnell, Consultant in Public Health and Lynn Zheng, Public Health Registrar OCC

Lynn shared the report with the board, the report covers all the information discussed.

Appendix 3 - Recommendations from the Health Needs Assessment for Promoting Healthy Weight

Appendix 4 - Healthy Weight Action Plan

The Oxfordshire whole systems approach (WSA) to healthy weight has four priority areas identified to structure associated actions;

- Healthy weight environment
- Prevention
- Support
- System leadership (a partnership and systems approach)

The presenter discusses the above in more detail and is covered in the paper.

Derys Pragnell summarises – action plan was done a year ago, appendix 3 highlights changes and additional parts added, more work needs to be done around the very early years prevention. Also, need to focus on the environmental side, first thing to look at - what outlets are within 1000 metres of schools and then look at how we can promote healthy food options. There is the potential for partners to sign up to a “healthy weight” pledge to help galvanise action. Asking for help from HIB, if each district can nominate a lead officer to drive this forward. Propose a workshop in Spring to look at how we can make this happen.. **Agreed** that District and City LAs would nominate relevant Officers to attend workshop on how to best take forward actions to address these issues.

13. Active Oxfordshire – Oxfordshire on the Move

15:35 – 15:55

Presented by Helen Mariner - Active Oxfordshire

Helen presented papers to the board

The report covers what is Oxfordshire on the move?

- Oxfordshire on the move is a new social movement convened by active Oxfordshire
- Aligns well with prevention agenda and is an enabler to placed based approaches to tackling health inequalities
- Worked with 90 organisations and 146 individuals to develop Oxfordshire on the move and our four collective ambitions, driven by local data and insight.
- Oxfordshire on the move has launched county-wide in February 2023 and will encourage string collaboration and action towards each ambition.

Presenter covers the four ambitions and strategies – page 3,4,5

Progress so far

- 75 organisations and 120 individuals engaged
- Better connected systems operationally and strategically
- Interactive events co-delivered by partners to decide on specific actions against out four ambitions
- Voice of lived experience coming through strongly
- Cross sector collaboration leading to more joined up work

Monitoring and evaluation – page 8

- System change level
- Ambition level

Next steps

- Regular engagement with partners to track progress against ambition actions
- County wide platform for action created through new website
- Steering group established to maintain core principles
- Evaluation framework being developed to track progress

Request to HIB

Active Oxfordshire would welcome a 6 monthly reporting mechanism with Health Improvement Board to report back on key headlines and progress and input into the oversight of this work. **Agreed** by chair that members would consider how to best achieve this and agree an approach with AO.

14. Any other Business

15:55 – 16:00

Big thank you to Dani Granito who has been our district partner liaison officer.
Also big thank you to Cllr Louise Upton who has chaired the HIB meeting for the last two years.

Next meeting 15 June 2023